



ZARA'S Vet's REPORT

Caroline E. Nicholson
(BVCX, MRCVS).

I examined Zara on 21 October 1994 and identified the presence of mammary tumours. I examined her again on 2nd November '94, at this stage the tumours had grown rapidly. Zara was also drinking a lot, losing weight and her breathing was rapid and shallow. This suggested other major organs were involved, which was confirmed by blood tests showing elevated liver and kidney enzymes. I gave Zara a very poor prognosis and suggested she was taken home until her quality of life deteriorated to the point that euthanasia was our only option. I examined Zara again on 9 January 1995 and was amazed to find her in such good condition. Her lumps had almost diminished completely, her drinking and breathing were normal, and she was a good weight. Repeated blood test confirmed that the kidney was no longer functioning abnormally and all but one of the liver parameters had returned to normal. The one enzyme that was still elevated had decreased by 50%. During the period October '94 to January '95, Zara received no treatment from me. I believe she was given only a herbal remedy made by my client's mother and placed on a special diet. I have started another client on this herbal remedy. Again the dog was given a poor prognosis with a very large tumour present on the spleen and small tumours in the lung. She has been on it for four weeks and reports so far show the dog is much brighter, with a glossy coat and certainly not deteriorated. Rapid deterioration is the normal scenario in a case such as this.

Mrs Murdoch - (2005).

Mrs Murdoch's dog (Lotty) has cancer of the lungs, liver & spleen; suffered muscle wastage and could not walk very well. Lotty also had an intestinal condition, so Mrs Murdoch had to be very careful with what she ate. Lotty was taking 8 steroids and other medication daily. In Sept.'05, the Vet gave Lotty only 2 weeks to live. Mrs Murdoch started her on Zara's Herbal Tea and one month later, reduced the steroids to 1 per day; her appetite came back and Lotty was actively playing with their new puppy. Mrs Murdoch was also able to give her a couple of treats which she previously could not eat. Lotty was still doing well in May 2006.

Mrs B. Cox. (age 76), 2003.

Had sudden pain at top of leg 8.30am, 2nd April, a Wednesday. Possibly due to excessive digging in garden. Couldn't get in car, couldn't dry between toes after a bath, couldn't reach down to put on tights and panties - so went without, look most undignified on toilet with leg stuck out in front and had to go downstairs backwards Made an appointment with osteopath for Monday afternoon.

No better by Saturday morning so decided to fast except for four cups of Zara's Herbal Tea. Lot better by Saturday evening. Ran up and downstairs all day Sunday - having resumed underwear!

Wanted to cancel appointment with ostopath but decided to give her Zara's Tea leaflet instead. Hence must have tea always here, **just in case!**..



Helen - (Heswall).

26th. September 2006, (updated, July 2007).

In 2005, Helen was told she had 4 ½ inch tumours in both breasts. By February'06, her doctor advised that the tumour in the left breast was too large and suggested its removal along with the lymph-glands. She felt too weak to survive such drastic surgery and asked 'how long she had to live?' He said - she would not survive the month and should go home and put her house in order. Helen immediately sold her car and paid £2500 funeral expenses, informed her family and friends and prepared for death. She then started to brew and drink Zara's Herbal Tea, 'NEAT' 4-5 times a day. By September '06, doctors were astonished with her improvement, stating that the cancer had somehow become inactive; her body appeared to be ignoring the tumours (as if she didn't have cancer); plus it did not spread or affect other organs. A recent 'blood test' confirmed that she is in excellent health. They are simply amazed that she is still alive and so well, especially as she didn't have chemotherapy or radiotherapy. **May 2007** - recent hospital x-ray could not find any 'cancer tumours'. Not convinced with these results, her doctor sent Helen for a scan, which also showed 'no tumours'...they had all disappeared. The doctors still could not believe their eyes...and insisted she had more scans.

Helen then went to see a specialist who diagnose illness by reading people's feet (just as if it were an x-ray) and is apparently extremely accurate. She said that there are only two people in the world who can do this - and he was one of them. He told her "You are balanced - there is no 'cancer' active in your body. The 3 tumours have disappeared...one has gone completely - however, an outer shield had formed around the other two, preventing them from becoming active and so they simply died". Amazed, he told her that "you must keep up with the treatment and never come off the tea, as you will get better and better. However, if you stopped, the cancer and other conditions will return".

Before taking Zara's Herbal Tea in February 2006, Helen was diagnosed with 3 secondary tumours in her breasts, deteriorating pancreas, 2 strokes and Parkinson disease. After drinking the Tea for just over one year (May'07), medical examination confirmed that all the tumours have completely disappeared; both the Parkinson's & pancreas are under control, plus her heart is very strong.

Helen said that she felt great, energized & strong and would never go without her special Zara's tea. However, her doctors are still not happy that she refused chemotherapy, radiotherapy and other conventional treatments - and insist on supplying her with 'pain-killer tablets' because they believe that she must be in pain. She said, that she so tired of telling them that she has no pain, and so to stop them from going on, she simply take the drugs and then throw them away. Helen further stated that her 30 year old son (born premature with an under developed pancreas) is also doing well

Mrs A. Sewell (Surrey) - found breast feeding very difficult and painful with her first three children (milk would dry up after 3 months). Upon having her fourth child she started drinking Zara's Herbal tea and seven months later, she was still happily breast feeding.



Mrs M. Anderson (Buckinghamshire):-

(Mrs. Anderson & family, including her dad). My dog (Mulder) suffered from an acute 'itchy skin' condition, which was constantly red hot, covered in a rash, 'oozing' sebaceous cysts and generally hyperactive. In January 2002, I read about Zara's Herbal Tea and decided to try it. By April, Mulder was a different dog. His coat became glossy; skin looked so clean; fur started to grow back and all the cysts dried up. His temperament has changed so much that I recommended it to my local dog trainer for aggressive and hyperactive dogs. My husband caught an acute chest infection for about a month which medication could not clear. He then got acute food poisoning and was laid out in bed for nearly a week with severe vomiting and diarrhoea- again medication failed to clear. He drank a cup of Zara's Herbal Tea and was fully recovered (from the food poisoning) in 24 hours. To my complete surprise, his chest infection also cleared in 48 hours. Then in 2006, my 85 year old dad was diagnosed with a 'malignant melanoma' on his ear, but as he suffered with 'emphysema' his chest had to be clear in order to operate. After two lots of antibiotics and 4 days to the operation, the chest infection was still lingering. I dosed him up with Zara's tea. The x-rays confirmed that his chest had cleared completely. However, having now had his operation to remove the cancer, he is religiously carrying on with a maintenance dose of the tea, convinced that it will probably help to stop the spread of this awful illness". Due to her experience, Mrs. Anderson's has started training as 'holistic animal practitioner'.

Just to let you know that after a consultation last week, my skin cancer appears to be clearing up! This is, I believe a direct result of taking the tea neat. I am also using the seasonings in my cooking. I am astounded by these results and this is after only 1 month!
Mr Medland 2007.



"After taking Zara's herbal tea with Blackstrap molasses twice daily for two weeks, the cough started to disappear and I no longer cough."
Ms W. Waygood & Kerry - (Hampshire), Sept 2006.

"Last September, my Golden Retriever (Kerry) was diagnosed with 'spindle cell cancer' on the inside of his back leg. He was operated on and the cancerous lump removed. A friend told me about Zara's Herbal Tea. Kerry has been taking it for almost a year now and is doing very well. He is now 11 years old and still enjoys three walks daily and likes to play with my young Golden Retriever (Honey) who is nearly 4 years old. I decided to take it as well, as I have had cancer several times. I also had a bad cough, having had a CT scan, x-ray, etc, they could not find out what was causing it. I had the cough for almost six years - sometimes it was quite bad and very annoying. I think I had tried every cough mixture and many herbal products, which had no effect. I was told I had a very low immune system, after drugs, radiotherapy, etc. After taking Zara's herbal tea with Blackstrap molasses twice daily for two weeks, the cough started to disappear and I no longer cough. I still take the tea twice a day (first thing in the morning and last thing at night) and Kerry has it in his food twice daily.



"Lewis was a healthy, beautiful Labrador but after his first bout of vaccinations, he developed an acute skin condition causing all his fur to fall out, severe itching, depression and a variety of other distressing ailments."

Mrs. Valerie Harmsworth (Basingstoke) –

The following 4 years, his Vet prescribed a range of medication in stronger doses, but nothing worked and his condition worsened. Skin tests showed an allergy to house dust mites, pollen and sarcoptic mange, which meant undergoing a course of desensitizing injections, which also proved unsuccessful. He was later referred to a Homeopathic Vet who diagnosed considerable damage to his immune system due to booster vaccines and steroids. He was also referred to a Dermatologist. After years of experimental drugs and suggestions of euthanasia, Mrs. Harmsworth at her wits end, decided to follow her own instincts and immediately took him off all conventional treatments and put him on Zara's Herbal Tea and changed his diet to raw foods (meat, bones, fruits and vegetables). Having a sceptical Vet, she thought it best not to tell him and continued to purchase the medication, but did not use them. However 5 months later, Lewis broke his dew-claw and had to visit the Vet, who was amazed with his improvement, believing the drugs were working, until Mrs Harmsworth confessed her deception and promptly returned all the un-used drugs (5 months supply) to prove her case. Lewis's incredible story was featured in Dog's Today magazine (April 2000), headlined 'Miracles Do Happen'! To our astonishment, we received hundreds of letters from other dog owners, whose pets were suffering the similar condition, caused from the same drugs, given the same diagnosis and unsuccessful treatments. Their pets also made remarkable recoveries once put on the tea.



BEFORE -
Lewis's condition prior to taking Zara's Herbal Tea.

Mrs Harmsworth also took pictures of Lewis's medication to prove to her Vet that it was in fact the tea that had brought about his recovery not the medication.

Mr Clarke (2005).
Our dog (Tiny) was diagnosed with Cushings Disease almost 18 months ago and we were told he had to be on medication for the rest of his life. He had to have regular blood tests whilst on medication to see if the disease was being kept under control, but on each occasion of these tests his blood was always so fatty that the vet had to give him a special injection to clear his blood, to enable them to get some decent test results. Even whilst on the medication, our little fellow used to get regular seizures and collapse for no reason and was very lethargic. Since my wife discovered your herbal tea and started giving it to our dog, he appears to have been given a new lease of life. He is no longer lethargic in any way, in fact he is now like a puppy again. He has not had a single seizure and when he had his last blood test in Feb 2005, his blood was completely clear (on the first test) without any need for the special injection. We informed our vet about your tea. We have now cut his medication in half and continued with the tea, as we are 100% certain that it is the tea that is doing Tiny the most good and would recommend it to anyone with a sick animal.

"After taking the tea, I went for my annual heart check up at our local hospital and was told that there was great improvement (not really expected). The consultant reduced my medication to minimum."
Mrs J. Dance - 79 years (Wolverhampton) 2005.